



S O M A S P A

BY DANA VILLAS



# Trigger your body and mind to happiness mode with Ancient Greek therapies.

SOMA spa embodies Ancient Greek inherent therapies and botanic ingredients found in Greek nature. Our true nature is denoted in our name, the Greek word Soma, which means body. Our aim is to promote your well-being and trigger your body senses to a happiness mode during your time in Santorini. Manual massage techniques stimulate and gently regenerate your body cells, energizing circulation, while the herbal and organic products of **CHARME D' ORIENT PARIS** and **TEGODER COSMETICS**, inspired by the Hellenics, complement the manually imposed healing action. All the organic products are certified by **ECOCERT**.

History reveals that Ancient Greeks attached great importance to "beauty", personified as a sacred gift in goddess Aphrodite. In Athens, during the 7th century, societies experimented with a range of olive oil elixirs infused with essences of Greek herbs, flowers and fruits, for their beneficial properties on balancing the soul in the body and moisturizing the skin. At Soma Spa we draw the inspiration from Greek traditions and apply them with modern state of the art techniques on facials and body therapies.

We mound and caress your body, resulting in multi-facet therapeutic benefits for your skin, health, body and relaxation. Tension is instantly reduced, pleasure is maximized, muscle tightness is softened, blood circulation is toned, jet lag is relieved, and posture is improved. Inside a therapy, the body releases endorphins, the body's natural painkillers, into the brain and the nervous system, resulting in a deep feeling of happiness inside the soul.

The "fathers" of medicine, Hippocrates and Asclepius, utilized a range of herbs and flowers, in olive oil and laurel oil, to treat body conditions, using simple massage techniques, known as "masso" at the time. Although kneading came from the Far East, it first appeared in Ancient Greece in 800 BC, where it perceived a status of medical importance.

Our experienced and accredited therapists, will accompany you to a unique journey, triggering your known and unknown senses, relaxing & healing your body.

Visit SOMA Spa and discover a charming serene cave space offering delightful cave massage rooms, changing facilities with a hidden indoor hot tub and a hammam, the popular Roman steam bath.

This is the place to clear your mind, think of love, let stress fade away and relax body and mind in a serene mystique atmosphere.

## OUTDOOR SUNSET MASSAGE

Location matters and for this reason our exclusive service offers a special occasion for you and your loved one to enjoy a massage in an ambience of the caldera sunset, set at the outdoor pergola. At the exclusive pergola your massage will be injected with premium views, personal headphones for acoustic music, a healthy choice of wine and fruit treats, letting you feel on top of the world. Please ask our concierge staff for booking this special location during the sunset.

To book a treatment dial: 100 or 150



# W E L C O M E

We welcome all our guests with a small treat to show our appreciation of their visit to our new space. Feeling happy is our only goal.

## ARRIVALS MASSAGE TREAT

(occasion)

Indulge in a relaxing refreshing express treatment, offering fast foot and leg relief, using modern cold massage techniques.

Duration: 10 min

### DID YOU KNOW?

FREE THERAPY FROM SOMA SPA FOR YOUR LOYALTY!

## EARN A FREE SPA TREATMENT PASS

Earn a 60' minutes free Spa treatment pass when you spend 350€ on Soma spa treatments during your stay. To receive your complimentary massage, face or body treatment book a scheduled appointment, upon availability. Ask our therapists for more information on how to earn your free Soma Spa treatment pass. Any current spa promotions do not include the packages.

The tickets are valid per person.

## EXPRESS TREATMENTS

### RELAX MASSAGE

(back neck shoulder)

A delicate relaxing massage applying gentle manual techniques to unblock energy centers. Massage head, neck, and back areas to release muscle tension with the help of hot aromatic essential oils. Feel ready to go, stress free.

30min | 60€

## FACE TREATMENTS

Brightening mask with honey & pearl powder	20min	25€
Peeling and moisturizing with luffa & red wine	20min	20€
Eye care with myrtle essences	15min	20€
Beard Perfect Care	15min	15€

## BODY TREATMENTS

Scrub with sea salt, honey and royal jelly for skin firming	25min	30€
Moisturizing sesame mask	25min	25€

To book a treatment dial: 100 or 150



## MASSAGES

### AEGEAN BLOSSOM MESSAGE

(aroma essence)

Massage applying the harmony of sea wave movement, complemented by the therapeutic properties of essential oils. Slow rhythmic movements, Mediterranean aroma such as lavender, orange blossom and jasmine, warm almond oil, leave you feeling revitalized.

60min | 130€

### DEEP PRESSURE MESSAGE

(muscle aching massage)

A therapeutic massage using deep pressure points on deeper muscle tissues, relieves tension on untouched connective tissue. Relax your body and nervous system. Ideal for athletes, optimum blood circulation and body performance.

60min | 140€

### RED WINE MESSAGE

(moisturising, aroma)

A deeply therapeutic and moisturizing massage with the magic properties of red grape seed oil. Hot red wine activates the body's thermal receptors by diffusing their beneficial components. Detox and rejuvenate your body, leaving you with a sense of deep relaxation.

45min | 110€

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## SPECIAL MESSAGES

### SOMA MESSAGE

(relaxing)

A signature therapy of ancient Greek massage techniques promoted by a warm Greek herb oil of lavender and thyme. Body pressure points take you to a place of positive energy. A natural face lift massage with pure organic Argan oil, will leave a smile on your face.

70min | 150€

### ICE ROLLER MESSAGE

Ice placed into frozen roller balls is a trendy element used in this massage, designed to treat muscular pains and lymph problems. Beyond the surface, this massage balances a deeper mental state. A summery refreshing massage technique hard to miss.

45min | 130€

## MOTHER TO BE MASSAGE

Pamper yourself with a baby safe massage that starts with a relaxing back massage, to ease back ache, complimented with a head, neck and shoulder massage, to aid your breathing. We follow tension through your hands and arms, legs and feet to promote a feeling of euphoria.

- Available after first trimester of the pregnancy.

45min | 110€

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## COUPLES MESSAGES

### TWO IN LOVE MASSAGE

(couples)

Share your intimacy with a serene sensual massage for two. One cave massage room or the private terrace overlooking the caldera, two therapists will perform a calming massage with essential oils. A complete journey of the senses.

45min | 220€

### ENSUITE EROS & SOUL MASSAGE

(massage, hot tub couples)

Be inspired by the Ancient Greek myth of Eros. The power of the Ancient Greek notion of passionate love applied in a massage creating a feeling of well-being, physical and mental health, between you and your partner. In a mystical concave you will both enjoy a calming massage with a choice of essential oils. Then you can dive into the hot tub together. Chilled sparkling wine and fresh fruit will accompany this unique mystical experience.

60min massage & 20min hot tub | 330€







## EXCLUSIVE SPA HAMMAM

### USE OF HAMMAM

A steam bath of 45–50 degrees Celsius water temperature and 100% humidity, creates a warm environment, that helps to properly supply skin with blood, eliminate toxins from the body. Works beneficially to people with respiratory difficulties.

Up to 15min | 25€ per person

### USE OF HAMMAM WITH SAVON NOIR SCRUB

(relaxing, aroma)

The use of hammam can be combined with a unique journey into the culture of the East. Deep skin cleansing with a Kessa glove is combined with the black soap from olive paste and eucalyptus.

Apply the Savon noir on your skin privately, on your own time, at the hammam.

Privet Hammam 20min | 40 €

### THE RITUAL OF HAMMAM

This traditional hammam recipe takes you through the world of Eastern sensations. You will navigate paths of unparalleled care, rejuvenation and detoxification. The ritual begins with a steam bath made with black olive and eucalyptus soap helping detoxify and rejuvenate skin cells, followed by a deep cleansing using the traditional disposable Kessa glove, continued with a white clay mask applied on the skin. The ritual offers deep hydration and skin firming. The treatment is completed with infusing moisture in the skin with a Karite butter massage with spiced aromas.

70min | 160€

## BODY TREATMENTS

### SOCRATES RECIPE

(moisturizing, relaxing)

A body treatment based on memoires of Ancient Greek philosophy from Socrates and Plato. Peeling is applied with grains of dried chickpeas, enriched with aromatic oil finished off with a body wrap of an organic creamy mask with honey and sesame, rich in vitamin E, Ω3 and Ω6. This euphoria massage is completed with a warm aromatic oil massage.

90min | 190€

### ZEUS SUNCARE

(skin treatment, post sun)

Long exposure under the sun, makes the skin crave for moisture and therapeutic calming agents. Aloe is ideal for regaining skin's lost moisture. Mask of organic Shea butter is applied, nutrition needed for a healthy-looking skin. We complete this treatment with a soft massage, for total hydration. Complement this with a facial treatment.

60min | 140€

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## FACE TREATMENTS

### HONEY OLIVE WISDOM FACIAL

(nourishing)

Honey and olive oil were the most treasured beauty elixirs of Ancient Greece. Seek an ultimate facial glow with a mask of deep nourishment, rich in fatty acids, proteins and amino acids. Ending this treatment with a red wine facial massage will make you feel like a goddess within.

70min | 140€

### MELTEMI FACIAL

(Anti-aging)

Like a dash of fresh Aegean sea breeze this deep sea algae mask, a facial wrap with sea collagen, caviar, seaweed, pearl powder will give you the necessary firming facial treatment you need. Complement with a firm décolleté face n' hand massage for best absorption.

60min | 120€

### ROSE ELIXIR FACIAL

(moisturizing, post sun)

Wild rose, aloe and beeswax will make the perfect Mediterranean elixir for deep hydration, rich natural nourishment and instantly soothe your sun kissed facial skin. A "Must have" treatment especially after prolonged exposure to the sun, with spectacular results.

45min | 100€

To book a treatment dial: 100 or 150

## MENS THERAPIES

### GENTS ONLY BERRY TREAT

(moisturizing, relaxing)

A specialized facial treatment made for gentlemen. A complete men's care therapy will boost the sanity of male skin. Blackcurrant and black cumin offers nutrition and hydration. Advanced masculine massage techniques will leave tension away.

60min | 120€

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## FITNESS FACILITIES

### YOGA & PERSONAL TRAINING

Body training of yoga and pilates promotes breathing, body posture and awakens your spirit and mind. The practice concentrates on the precision of the movement, body balance and alignment. You can enjoy yoga, pilates or personal training on a one to one basis or as part of a small group, at the privacy of your terrace, while taking a glimpse of the spectacular views of the caldera.

• This session is only available upon request, please contact our front desk for further information.

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## ONE DAY SPA

Want to spend a day at SOMA SPA? We offer you a package to enjoy each moment spent in this serene mystique atmosphere.

### ONE DAY AT THE SOMA SPA PACKAGE OFFERS:

1. Use of hammam
2. Face Treatment "Honey Olive wisdom facial"
3. Body Treatment "Socrates recipe"

3h | 330€



## WEDDING PACKAGES

For such a special day it is important to choose an equally special place to relax and restart a whole new life with your partner on your side. Sparkly wine will accompany your relaxing time in the indoor heated hot tub. Our mystical space will add to the romance of sharing a unique relaxing experience with your partner, or simply hideaway to boost your beauty habits and surprise your loved one on your wedding day.

### PRE-WEDDING

- Use of Hammam with black soap scrub
- Body Massage "Red Wine massage"
- Face treatment "Meltemi Facial"
- Pedicure

3h | 550€ (for couple)

### NEXT DAY RELAXING

- Use of Hammam
- Eros & Soul

1h & 35min | 300€ (for a couple)



## BEAUTY CARE

### MANICURE & PEDICURE TREATS

Spa Manicure	65€
Manicure	45€
French Manicure	50€
Shellac manicure	55€
Spa pedicure	75€
Pedicure	55€
French Pedicure	60€
Shellac Pedicure	65€
Nail Polish	10€

### HAIR STYLING

Straightening short length hair	60€
Straightening medium length hair	70€
Straightening long length hair	90€
Blow dry	40€
Evening curly medium hair	110€
Evening curly long hair	120€
Bridal Hairstyle	250€
Bridal & Rehearsal Hairstyle	300€
Bridesmaid Hairstyle & Up do	170€
Lady's hair cut	80€
Men's hair cut	60€

### WAX HAIR OFF

Full Legs	50€
Half Legs	30€
Bikini	25€
Brazilian	45€
Full Arms	40€
Half Arms	25€
Upper lip waxing	20€
Eye brows cleaning	25€
Eye brows shaping	40€

### FACE MAKE-UP

Beauty make up	80€
Make up Evening	120€
Bridal make up	250€
Bridal & Rehearsal make up	300€
Bridesmaid Make up	170€

To book a treatment dial: 100 or 150



## YOUR SPA GUIDE

### HOURS OF OPERATION

From 10:00 a.m. to 8:00 p.m.  
Last appointment at 7:00 p.m.

### GETTING READY FOR YOUR TREATMENT

Ladies who have salt peeling appointments should avoid shaving before their treatments. If you have sunburn, please avoid treatments that include a peeling application. Men are advised to shave before enjoying a facial to ensure maximum skin nourishment and efficacy of the treatment.

### ARRIVAL PROCEDURE

We recommend arrival 15 minutes before your scheduled appointment. Have your swimming suit with you if you have chosen to enjoy a hot tub session or hammam.

### LATE ARRIVALS

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.

### RW CANCELLATION

Cancellations or reschedule must be made 8 hours before your appointment for no charge.

Less than 8 hours the charge will be 50% of the booked treatment.

With a non-show you will be charged the full amount of the booked treatment.

### CHANGING ROOMS

While you're spending time at Soma Spa, we offer you changing rooms with a private shower, secure locker cabinets for your belongings, bath robes, slippers, bath towels and personal care products, free of charge.

Smoking is prohibited in all areas of the spa.

For reservations or information

You can dial on +30 22860 22566 and extension number 150 or email us [somaspa@danavillas.com](mailto:somaspa@danavillas.com)

Are you at your room? Dial 100 or 150 to connect directly and book an appointment.

► Packages cannot be part of any current spa promotions.

\* Our prices include Vat. 24%







CARESS YOUR BODY  
THRILL YOUR SENSES



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